

2024-2025 SEASON TRYOUTS

ABOUT MOTOR CITY CHEER
 TRYOUT PROCESS
 TUMBLING TRYOUT REQUIREMENTS
 TEAM OPTIONS
 PAYMENT BREAKDOWN
 FORMS NEEDED AT TIME OF TRYOUT



MAY 13-24

TO REGISTER, VISIT THE PARENT PORTAL AT

www.cheermotorcity.com

FOR QUESTIONS, CONTACT US AT

810-429-0138 (CALL/TEXT) MOTORCITYCHEERTEAM@GMAIL.COM



OUR MISSION:

To coach great athletes and build great people. We aim for our gym to be a place where our athletes can be fully themselves in a safe environment while gaining technical athletic skills and life lessons. Our goal is to instill integrity, discipline, intrinsic motivation, and selfconfidence in all of our athletes.

3X ALLSTAR WORLD CHAMPIONS

CONTACT US NOW

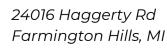
SEASON



810-429-0138 CALL/TEXT



motorcitycheerteam@ gmail.com



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WHO ARE WE? MCC!

Motor City Cheer is a family-owned Allstar Cheerleading program established in 2014. We saw a need for cheerleaders in Michigan to receive precise technical training with a knowledgeable staff that cares about each athlete's longevity in the sport, mental health, and overall well-being. We prioritize team and program culture to ensure an optimal learning environment that supports each athlete reaching their full potential, embracing every step of the learning process.



EVALUATION PROCESS PHASE 1: MAY 13-17 PHASE 2: MAY 20-24

Athletes will be evaluated on elite and level appropriate tumbling, stunts, jumps, strength, endurance, maturity, and work ethic. They may also be pulled aside for a quick interview. We want to see all athletes at least twice.

Athletes should come to the level(s) they'd like to be evaluated for. In Phase 2, the coaches may ask you to come to more than one level callback. Coaches may want to see how a kid works with a different group of athletes, in an alternative stunting position, or as a potential crossover. However, plan on coming to the same level(s) both weeks, unless a coach reaches out to you.

- MON PARENT MEETING & OPEN GYM 6-7:30PM
- TUES LEVEL 5 & 6 EVALS *MINIMUM REQUIREMENT: TOE TOUCH TUCK 5:30-8:30
- WED LEVEL 1 EVALS 5-7PM

LEVEL 3 EVALS *MINIMUM REQUIREMENT: CONNECTED 3 BHS 7-9PM

THU LEVEL 2 EVALS *MINIMUM REQUIREMENT: RO BHS BHS 5-7PM

LEVEL 4 & 4.2 EVALS *MINIMUM REQUIREMENT: STANDING TUCK OR AN ELITE RUNNING PASS 7-9PM

FRI ALL-BUILDING EVALUATION *MINIMUM REQUIREMENT: 2009 BIRTHYEARS & OLDER 5-7PM

EVALUATION FORM

Form can be printed and turned in at the time of evaluation, or completed online anytime at <u>https://forms.gle/QTMZMpS23vrCtbyYA</u>

\$20 (CASH) OPEN GYM WITH COACH PEYTON

EVAL PRICES

2 HOUR SESSIONS: \$25 3 HOUR SESSIONS: \$35

REGISTER THROUGH THE PARENT PORTAL ON OUR WEBSITE!





Whing + Evaluations

Beginners should attend the Level 1 evaluation, no prior experience is required!

STANDING

RUNNING

ELITE BASIC	 Cartwheel Backward Roll Bridge Kickover 2 Back Walkovers 2 Front Walkovers Valdez 	 Round-Off Forward Roll Cartwheel Cartwheel Backward Roll Front Walkover Cartwheel Back Walkover Cartwheel BWO BWO 	Level 1
BASIC	 Back Handspring Back Walkover Back Handspring 	 Round-Off Back Handspring Front Handspring 	Lev
ЕГІТЕ	 Back Handspring Stepout Back Walkover Back Handspring 	 Front Handspring Step Out Round Off BHS RO BHS BHS 	.evel 2
BASIC	BHS BHSToe Touch BHS	 RO (BHS) Tuck Aerial Punch Front 	Lev
ELITE BASIC	 BHS BHS Toe Touch BHS BHS Toe Touch BHS Toe Touch BHS BHS 	• Aerial	Level 3
	Toe Touch BHSBHS Toe Touch BHS	 Aerial Punch Front Aerial RO BHS Tuck Punch Front RO BHS Tuck 	Level 3 Level

umping Tryout Skills

STANDING

RUNNING

BASIC	BHS BHS LayoutBHS Tuck BHS Tuck	RO BHS FullFWO RO BHS Full	Level
ELITE	 BHS Whip BHS BHS Layout BHS BHS Whip Layout Toe Touch BHS BHS Layout Toe Touch Tuck 	 PF Stepout to Full RO BHS Whip Full RO Arabian to Full Front Full 	el 5
BASIC	 BHS BHS Full BHS Whip BHS BHS Full Toe Touch Tuck 	 PF Stepout to Full RO BHS Whip Full RO Arabian to Full	Lev
ELITE	BHS FullBHS BHS DoubleStanding Full	 RO Arabian/Full/1.5 to Full RO or RO BHS Double Front Handspring Front Full 	_evel 6

TUMBLING REQUIREMENTS LEVELS 2-6

- Athletes should have at least 1 ELITE standing pass, and 1 ELITE running pass for the level they are trying out for.
- Athletes will only be assessed for the skills they perform on the spring floor without a spot.
- Athletes will be expected to throw the same skills more than 1 day of their tryout.



OUR TEAM OPTIONS

FOR THE 2024-2025 SEASON

TEAMS



Teams will run from June through April, practicing 2-3 hours 2-3 days per week. (4 days for Worlds teams.) Local & Travel options.

Starting in September-April, these teams practice 1 day scrimmages in November, these per week for 2 hours. Compete locally (up to 2 hour drive time).

LSTAR

Starting in June and final teams practice 1x per week. *MHSAA Compliant

STUNT



MMC

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Flyer flex, tumbling classes, & jump classes are open to team athletes as well as non-team athletes.

TESTIMONIALS

"The positive environment at Motor City has given our girl so much confidence and has completely changed her from the kid she was just 8 short months ago. Her positive attitude and amazing work ethic had been brought out by her amazing coaches and supportive teammates, we feel so blessed to have found our cheer family!"

FULL SEASON TEAM PRICING								
Tuition Coaches/ Tumbling JUNE-APRIL Program Fees Monthly Payme								
WORLDS TEAM	\$200	\$50	\$50	\$300				
FULL TRAVEL	\$180	\$50	\$50	\$280				
SEMI TRAVEL	\$160	\$30	\$50	\$240				
LOCAL TRAVEL	\$140	\$20		\$160				

For Worlds, Full travel and Semi-travel teams the monthly payment includes practice time, coaches/program fees and 1 tumbling class per week. For Local travel teams the monthly payment includes practice time and coaches/program fees, tumbling is optional for an additional \$50/month. All full season athletes are entitled to \$25 off per month on tumbling and flexibility classes, normal rate is \$75/month.

EXTRA COSTS									
	*Competition Fees	Choreography	Music	*Camp	**Practice Wear	*Shoes	*Uniform	TOTAL	5 PAYMENTS
WORLDS TEAM	\$1200	\$350	\$95	\$200	\$240	\$115	\$600	\$2800	\$560
FULL TRAVEL	\$1000	\$350	\$95	\$200	\$240	\$115	\$450	\$2450	\$490
SEMI TRAVEL	\$820	\$250	\$75	\$200	\$240	\$115	\$450	\$2150	\$430
LOCAL TRAVEL	\$530	\$250	\$75		\$80	\$115	\$250	\$1300	\$260

EXTRA COSTS can be paid in one payment in June or in 5 payments June - October

*All pricing for competition entry fees, camp and uniform is based on last season's costs. We are estimating based on the current knowledge but these prices could vary slightly once final costs are set by event producers, travel expenses and vendors.

**NEW THIS YEAR: All semi and full travel athletes will receive a warm up jacket and warm up pants with their practice wear, this will be mandatory for all competition weekends. Local travel athletes will have the option to buy but it will not be mandatory.

	DISCOU	NTS		NOTES		
Loyalty Discount	3-5 years	6-7 years	8+ years	ALL COSTS ARE BASED ON ACCOUNTS THAT ARE ON AUTO-PAY. If you choose to		
	15% off team tuition	20% off team tuition	25% off team tuition	to not be on auto-pay you will incur extra monthly charges.		
Sibling Discount	25% off team tuition			\$75 MCC Annual Registration fee due in May or the first month you start in 2024.		
Referral Discount	1 referral	2 referrals	3 referrals	All fees are due on the 1st of the month. Late fees will be applied if not paid on the 1st.		
	1 month free team tuition	2 months free team tuition	3 months free team tuition	NO REFUNDS		
			If payments need to be split into multiple payments credit card processing fees will			
Loyalty Discounts apply only to your consecutive years as a full season athlete, 1/2 season teams do not qualify for this discount. Referral Discounts will be given at the end of the season and only for athletes whose referrals are for the same travel commitment as their				apply.		

current team and complete the entire season with their account in good standing. ALL discounts are off team tuition only and does not apply to classes, program fees, competition

fees, etc.

STUNT				STUNT EXTRA COSTS				
	Registration Fee	Monthly Tuition June-November		*Uniform	Practice shirt	*Shoes	*Game Fees	
STUNT	\$75	\$125		\$150	\$25	\$115	\$200	
Uniform, practice shirt & shoes must be paid in the first 2 months of joining. Game fees can be paid in one payment up front, 3 payments June-August.								

USA CHEER fee for STUNT Teams is unknown at this time, the cost last season was \$35 and may change and is paid on the USA CHEER website.

*Game fees may be more once the schedule is set. Shoes and uniform costs are based on last season costs and could vary slightly.

1/2 SEASON PREP/NOVICE TEAM PRICING 1/2 SEASON EXTRA COSTS

	Registration Fee	Monthly Tuition	*Uniform	Practice Shirt	*Competition & Program Fees
PREP	\$75	\$125	\$150	\$25	\$300
NOVICE	\$75	\$85	\$150	\$25	\$300

Uniform & practice shirt must be paid in the first 2 months of joining. Competition & Program fees can be in one payment up front or in 5 payments November-March.

1/2 Season teams will start practicing in September but rosters will not be finalized until November. Prep teams practice once a week for 1.5 hours, Novice teams practice once a week for 1 hour.

*All pricing for competition entry fees and uniform is based on last season's costs. We are estimating based on the current knowledge but these prices could vary slightly once final costs are set by event producers and vendors.



2024-2025 EVAL FORM

Athlete Name (First & Last):

Athlete Pronouns (She/He/They/Etc):

Full Date of Birth (//):

Has the athlete done cheer/gymnastics before? Please specify:

What option(s) are you willing to commit to:

Full-Travel	Local-Travel	Semi-Travel (1 or 2 out-	STUNT
Fuil-Mavel	Local-Mavel	of-state competitions)	310111

Would you crossover to another team? (Practice/compete with 2 teams.)

Would you like to attend an end-of-season event? (USASF World Championships, ASW Championship, Summit)

Athletes, please rate yourself for the following:

I enjoy challenges and do not get frustrated easily.

Needs Work Sometimes Always

I am always willing to do what is best for the team, even if it is trying a new position.

Needs Work Sometimes Always

I know cheerleading is my sport, and I don't mind making sacrifices to be at every practice and competition.

Still Trying Other Sports/Social Scenes

Cheer Is Where My Heart Is